CMAS
17th Elite Underwater Hockey World Championship

16th - 27th August 2011

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Competition details

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CMAS 17th Elite Underwater Hockey World Championship

Website: www.uwhworldportugal2011.com
E-mail: uwhworldportugal2011@fpas.pt

Dates: 16-27 August of 2011

Local: Coimbra, Portugal

How to get to Coimbra

If traveling from outside the Iberian Peninsula, you will probably fly to *Lisbon* or *Oporto*, from where there are good train and bus connections to Coimbra. For a listing of flights servicing Lisbon and Oporto, check the Portuguese airports authority (www.ana-aeroportos.pt) for arrival and departure timetables, or alternatively you can search an online travel booking service.

Railway travel from both Lisbon and Oporto is regular and fast, especially if you take the Alfa Pendular or Intercidades services. Portuguese Railways website (www.cp.pt) gives timetables and fare information for the Lisboa – Porto line on which Coimbra is located. For Train timetables and prices click on "Horários e Preços" (Timetables and Prices).

Bus network is also a good option. Connections between Lisbon and Oporto to Coimbra are very regular. Bus travel is usually cheaper than train, but always depends on traffic. For further information, please visit the National Bus Service at http://www.rede-expressos.pt. For Bus http://www.rede-expressos.pt/0040.asp) – timetables click on "Horários" (Timetables). You can also buy your bus ticket online.

From Lisbon

By car

Take the highway A1 (Autoestrada A1-Norte) towards Porto. After around 200Km take the exit "Coimbra-Sul" to arrive at the city center.

Travel time: around 2H00.

By train

Take a taxi from the arrivals area to the *Oriente Railway Station* (about 10 minutes and should cost around 10 €). Both the airport and *Oriente Station* lie to the north east of the town centre. Go to the upper ticketing level at the station and find the ticket kiosk for the Lisboa-Porto line. Buy a ticket, preferably for an "*Alfa Pendular*" or "*Intercidades*" train (these require reservations) from Lisboa to Porto or Braga. The cost is between 28 € and 36 € for a return journey. Trains depart Lisbon *Oriente Station* for Coimbra approximately every hour, with journey duration of around two hours. (Check timetables at Portuguese railways).

Get off the train when you arrive at Coimbra B (the main railway station). You can take another train for Coimbra A station on the same ticket from where many hotels are within walking distance. However, if you are staying at the Meliá/ TRIP Hotel or the Residencial Botânico or Pensão Alentejana, then it is best to get off at Coimbra B station and take a taxi to the hotel (approximately 6 €). Please note that "Intercidades" trains do not stop at Coimbra A station, so you must get off at Coimbra B station.

By bus

If you arrive at Lisbon airport and you want come by bus, you must take a taxi to the "bus station" (around 17 €). Price from Lisbon to Coimbra is 12 €, single fare.

From Oporto

By car

Take the highway A1 (Autoestrada A1-Norte) towards Lisboa. After around 110Km take the exit "Coimbra-Sul" to arrive at the city center.

Travel time: around 1H10.

By train

From the airport which lies to the north of the town, you can take a taxi to the main railway station of Porto Campanha (this should cost 20-25 €) or you can go from the airport to the station by underground (http://www.metrodoporto.pt/). This will take approximately 35 minutes and cost 1,35€. Underground station is at the airport which means you don't have to leave the airport to get to it. Trains depart station hourly with a journey time of one and quarter hours for Alfa Pendular and Intercidades trains, and approximately two hours for regional trains. Rail fares cost between 17€ and 25€. Get off at Coimbra B. You can take another train for Coimbra A station on the same ticket from where many hotels are within walking distance. Please note that Intercidades trains do not stop at Coimbra A station, so you must get off at Coimbra B.

By bus

If you arrive at Oporto airport and you want to come by bus, you must take a taxi to the "bus station" (around 17€). Price from Oporto to Coimbra is 10.20€, single fare.

Pool Location

Complexo Olímpico de Piscinas de Coimbra

Address: Rua Infanta Dona Maria, Coimbra, Portugal - Google Map HERE

Pool details:

- 50m x 25m Olympic pool
- 2,20m depth
- Large smooth very fast tiles
- Capacity for 1200 spectators
- 2 fields of 25mx15m
- Underwater windows into the pool for video and media
- In a 40 meter walking distance to Shopping Center – DOLCE VITA (open all days from 09h00am to 23h00pm)- where you will find:

  - ✓ Restaurants (including all major fast food brands)
  - ✓ Supermarket
  - ✓ Pharmacy
  - ✓ Sport Stores (with diving equipment)

Accommodation

In Coimbra you will find a very large number of choices regarding your budget. All the Hostels, Pensions and Hotels selected are located within minimum distance possible to the Pool Complex (10-15 minutes driving, or 15-20 minutes local public transport, some of them 20 minutes walking).

Here are some of the possibilities:

Hostels

Pousada da Juventude de Coimbra

Website: http://www.pousadasjuventude.pt/

Grande Hostel de Coimbra

Website: http://www.grandehostelcoimbra.com/

Pensions

- Residencial Alentejana www.residencialalentejana.com
- Residencial Casa Branca www.residencial-casabranca.com
- Residencial Gouveia www.residencialgouveia.com
- Residencial Internacional www.residencialinternacional.com
- Residencial Moderna www.residencialmoderna.com.pt
- Residencial Domus www.residencialdomus.com
- Residencial Antunes http://residencialantunes.pt.vu
- Residencial Lusa Atenas http://www.residencialusatenas.com/
- Residencial Flor de Coimbra http://flordecoimbrahr.com.sapo.pt

(More information in http://hostelscoimbra.com)

Hotels

- Hotel Quinta das Lagrimas 4* http://www.quintadaslagrimas.pt/
- Hotel Tivoli Coimbra 4* http://www.tivolihotels.com/
- Hotel Best Western D. Luis 3* http://www.hoteldluis.pt
- Confort Inn Almedina 3* http://www.almedinacoimbra.com/
- Hotel Oslo 3* http://www.hotel-oslo.web.pt/
- Hotel Ibis 2* http://www.ibishotel.com/
- Hotel Dona Inês 3* http://www.hotel-dona-ines.pt/
- Hotel Bragança 3* http://www.hotel-braganca.com/
- Hotel Astória 3* http://www.almeidahotels.com

Transport around Coimbra

Public Transportation

Coimbra has a public bus transportation system - SMTUC – Transportes Urbanos de Coimbra. Along the city you will find many bus stops as several lines.

Fares will be Free for all that have - Worlds Participation Credential

Rent a car

If prefered you can also rent a car. Here are some offers:

- Aluvia http://www.aluvia.pt
- Avis http://www.avis.com
- Europcar http://www.europcar.pt
- Hertz http://www.hertz.com
- Turiscar http://www.turiscar.pt
- Castanheira http://www.budgetportugal.com/
- Guerin http://www.guerin.pt/
- Salitur http://www.salitur.pt/